

## What support is used at Harefield Primary?

Interventions we use	Focus for the intervention	How it works	Age it is used with	Timings of the intervention	How you can help at home if your child finds this area difficult
<b>Handwriting/fine motor</b>					
Clever Hands	Builds fine motor control and strength	Children work through activities like platercine, pegs, threading and beading to improve their strength and control with their hands	Any age in a small group	2-3 times a week for 15 mins	<p>Typing is a useful skill for children that find handwriting difficult. Try Dance mat typing online to practice this at <a href="https://www.bbc.co.uk/bitesize/topics/zf2f9j6/articles/z3c6tfr">https://www.bbc.co.uk/bitesize/topics/zf2f9j6/articles/z3c6tfr</a></p> <p>Practice threading, beading, doing buttons, picking small things up with tweezers and doing zips.</p> <p>Colouring, dot-to-dots and craft activities</p> <p>Platercine for hand strength. Make your own and you can make it easier or harder to knead.</p>
<b>Gross Motor Skills</b>					
Clever Bodies	Builds core strength, balance and control	Children work on a set of activities that help build balance and control e.g. standing on one leg, holding a bridge position, walking along a straight line	Any age in a small group	2 times a week for 15 mins	<p>Be active - encourage your child to ride a bike, run, dig and sweep</p> <p>Go to the park and encourage your child to climb and swing</p> <p>Try and get your child to do some activities slowly as this makes them harder</p>
ABC	Builds core strength,	Children work on a set of activities that help build	Any age in a small group	2 times a week for 15 mins	

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